



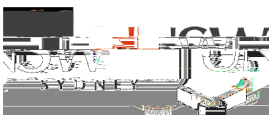
Authors: Sarah MacLean, Gabriel Caluzzi, Mark Ferry, Andrew Bruun, Jen Skattebol, Joanne Neale, Joanne Bryant

This study focuses on how young people who engage with intensive alcohol and other drug (AoD) services, navigate their lives after treatment. Participants in the study engaged with a range of services over a year,

substance use contained in their lives. Young people's gains were not made consistently, and participants described substance use and other life crises alongside them.

## How we did the research

We followed a cohort of 38 young people in NSW, ACT and Victoria for one year, interviewing them while in residential AOD services, and then again at six and twelve months after leaving treatment. We conducted in-depth interviews at each point, asking about their background and biography



For the full paper:

MacLean S, Caluzzi G, Ferry M, Bruun A, Skattebol J, Neale J, Bryant J (2024). Young people returning to alcohol and other drug services as incremental treatment. *Journal of Substance Use*, 35(3), 357: <https://doi.org/10.1016/j.socscimed.2024.117181>

Suggested citation for this document:

MacLean S, Caluzzi G, Ferry M, Bruun A, Skattebol J, Neale J, Bryant J (2024) Young people's incremental treatment gains during the year after leaving intensive programs. UNSW Sydney; La Trobe University Melbourne.

For more information about this project, please visit: <https://www.unsw.edu.au/arts-design-architecture/our-schools/social-sciences/our-research/engagement-impact/our-projects/resource-landscapes-young-people-leaving->

