

## April 2018

It's Global Challenge time again! Have a chat with your area Manager about joining a team. Get the team together and get those walking shoes on. See below for more details.



## Get Healthy at Work

UNSW is participating in the NSW Government's Get Healthy at Work program in 2018. Free face-to-face Brief Health Checks for staff members have started to be rolled out across the University. Health checks take approximately 15 minutes and involve a few short questions and a waist measurement. No blood or other samples are required. Participating staff will recieve immediate information and advice and have the opportunity to ask questions and chat about healthy lifestyle options with a trained health practitioner. Look out for updates on when the free health checks are coming to your faculty or division. Email <u>wellbeing@unsw.edu.au</u> if you wish to organise health checks for your Faculty/Division.



The Emergency Management Team are currently conducting fire evacuation drills across campus. It is a requirement of AS:3745 that the occupants of buildings participate in an evacuation drill annually. This is a minimum standard for the occupants and the Emergency Control Organisation (ECO).

The ECO are made up of Chief/Deputy Warden, Floor/Area Wardens and First Aiders. The ECO team can be identified by their coloured caps and high visibility vests. Each major building on campus has their own ECO. During the building evacuation the Chief Warden oversees the building and the occupants until the arrival of emergency services. All staff and



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