

Feeling the Heat?

Sydney and NSW have been experiencing heatwave conditio Whether you are working indoors or outdoors, heatated illnes can be quite common.

Signs include dizziness, tiredness, irritability, thirst, fainting, muscle pains/cramps, headache, changeskin colour, rapid pulse, shallow breathing, vomiting and confusion.

NSW Health advises:

- x Try to avoid the heat of the day by staying indoors. If y don't have airconditioning, use a fan and keep curtains/blinds shut.
- x Minimise physical activity.
- x Drink plenty of water.
- x Keep an eye out for each other. If symptoms of heat related illness do occur, move affected individuals to ε cool place quickly and seek urgent medical attention (an emergency situation, call 000).

If you are concerned that you are working in an unsafe hot environment, it is important that you discuss this with your Manager or Supervisor.

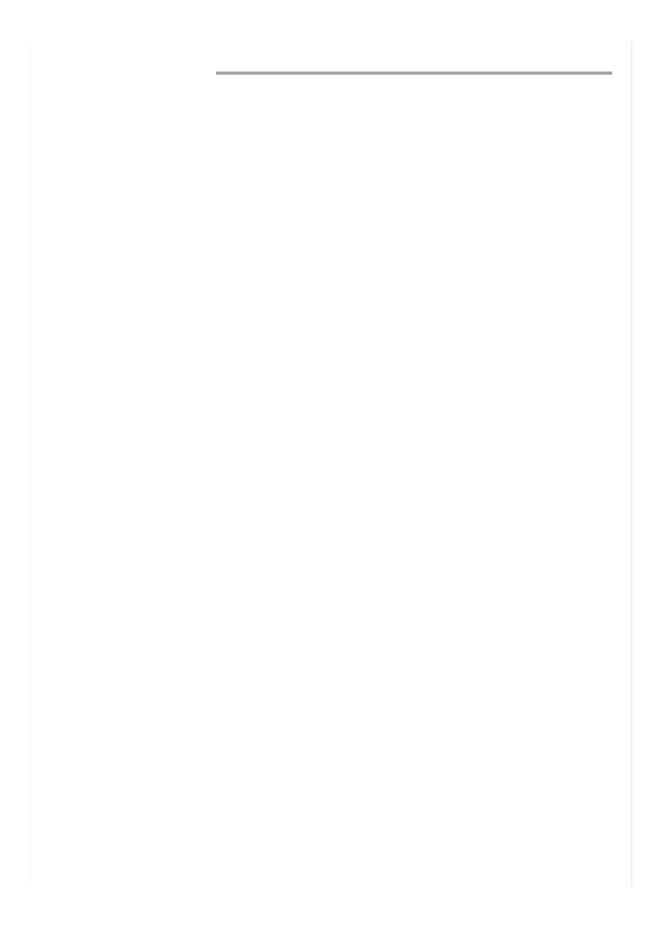
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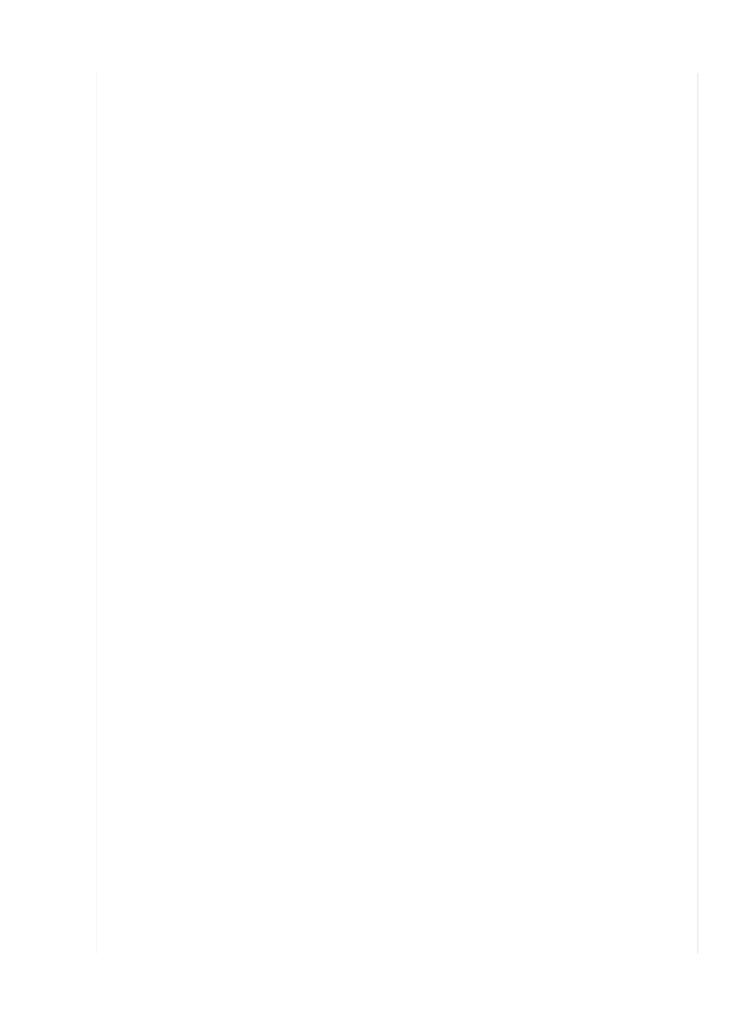
Own or operate a drone?

CASA is proposing to introduce a remotely piloted aircraft (RF registration and RPA operator accreditation requirement accept of monitoring the safe and wful operation of RPAs. CASA is working to an overarching commencement date of 1 July 201 The proposal is currently under consultation seeking commer on the details of the proposed scheme. Consultation will close Friday 22 February 2019

The registration and accreditation requirements are proposed apply (with certain exceptions) to the following RPAs: RPA more than 250 grams operated recreationally; and All RPA operated commercially, including excluded RPA operations regardless of weight.

For further details please visit the ASA website







maintenance job with Estate Management, whichever the appropriate procedure for your area.

For further information please contact the relevables William Health & Safety Teamontact.

Update:Since this article was published in our December newsletter, there has beeanother incident where a ceiling tile has fallen from a false ceiling. If you have a false ceiling in yo area and notice any loose tiles, bent or damaged tiles or fram please log a job with Estate Management to get the tile fixed asap.