

January/February 2019

Welcome to our first Safety newsletter for 2019!

We're getting back into the swing of things with an exciting update on the SafeSys deployment.

Have you been feeling tired, irritable and a little bit faint? It's possible you could be suffering from the heat -

### Feeling the Heat?

Sydney and NSW have been experiencing heatwave conditions. Whether you are working indoors or outdoors, heat-related illnesses can be quite common.

Signs include dizziness, tiredness, irritability, thirst, fainting, muscle pains/cramps, headache, changes in skin colour, rapid pulse, shallow breathing, vomiting and confusion.

NSW Health advises:

- x Try to avoid the heat of the day by staying indoors. If you don't have air conditioning, use a fan and keep curtains/blinds shut.
- x Minimise physical activity.
- x Drink plenty of water.
- x Keep an eye out for each other. If symptoms of heat-related illness do occur, move affected individuals to a cool place quickly and seek urgent medical attention (in an emergency situation, call 000).

If you are concerned that you are working in an unsafe hot environment, it is important that you discuss this with your Manager or Supervisor.

For if you are concerned that

### Own or operate a drone?

CASA is proposing to introduce a remotely piloted aircraft (RPA) registration and RPA operator accreditation requirement as a way of monitoring the safe and lawful operation of RPAs. CASA is working to an overarching commencement date of 1 July 2019. The proposal is currently under consultation seeking comment on the details of the proposed scheme. Consultation will close Friday 22 February 2019.

The registration and accreditation requirements are proposed to apply (with certain exceptions) to the following RPAs:

RPA more than 250 grams operated recreationally; and

All RPA operated commercially, including excluded RPA operations regardless of weight.

For further details please visit the [CASA website](#)

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maintenance job with Estate Management, whichever the appropriate procedure for your area.

For further information please contact the relevant [NSW Health & Safety Team](#) contact.

**Update:** Since this article was published in our December newsletter, there has been another incident where a ceiling tile has fallen from a false ceiling. If you have a false ceiling in your area and notice any loose tiles, bent or damaged tiles or frames please log a job with Estate Management to get the tile fixed asap.

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