

The Psychology Peer Mentoring Program matches 1st year students with a pair of 3rd Year students majoring in psychology. Over the course of Term 1, you will participate in small group sessions to help you thrive in university academically, socially, and professionally.

Peer mentoring also provides opportunities to discuss problems confidentially with your mentors, who can give you advice on various support services available at university.

Mentors will cover topics like:

- Researching at a university-level,
- Time management,